



Flushing Away Illness

Bangalore businessman Jagdish R Bhurani has gone one step ahead claiming this age old natural therapy can Prevent and cure Cancer , AIDS, Kidney failure, gall bladder stones, cerebral palsy etc. | Express Photo by Jithendra M

If former Prime Minister Morarji Desai practiced urine therapy for a healthy longer life, retired Bangalore businessman Jagdish R Bhurani has gone one step ahead claiming this age old natural therapy can prevent and cure cancer, AIDS, kidney failure, gall bladder stones, cerebral palsy etc. He says, “All these years, many patients were cured and led a healthy life, but they disappeared without leaving any testimonials. However, in the last few years, I have built a thick file of case studies with details of each individual case history, medical reports and testimonials from doctors and patients to support my claims.”

In her last stages of stomach cancer, 55-year-old Vinoda Shetty came to Bhurani in August 2010 for a possible cure after chemotherapy failed. After taking to urine therapy, Vinoda is completely free from pain today and leading a normal life. Her daughter Priya says, “Bhurani advised my mother to immediately start urine therapy and put her on a diet free of chilies, oil and spices. Since December 2010, she has improved a lot. Various tests in the course of three years, has revealed remarkable improvement be it her blood, haematology, or biochemistry parameters. Even today, she follows the same regimen of drinking two-three liters of urine every day, massaging urine two times a day and keeping a wet pack of urine in the morning. She is stable and the disease has not spread to other parts of the body. After going through her medical reports, oncologists in Mangalore have advised her to continue with urine therapy.”

It was in 1993, after attending an All India Conference on Urine Therapy in Goa, Bhurani was motivated to take up this method even as he saw his wife practicing it with great success. “My method is a little different from others. Earlier, it was only about drinking urine and water regularly. I recommend a healthy diet to make the urine colourless and odourless. In the case of bedridden patients, their near and dear ones can follow a good diet and donate urine to their husband, wife or children.”

Bhurani has set up a website : www.urinetherapy.in through which he propagates the natural benefits of this therapy. “Till date, more than 65,000 people have visited my site and every week, a number of people go through the website, call up, makes inquiries by mail from different countries. Once it was considered a stigma but if followed properly, it is nothing but the nectar of life.”